

		Am Tide		Pm Tide	
Day	Date	Time	Height (m)	Time	Height (m)
Monday	1/7/24	01:44	7.5	13:51	7.8
Tuesday	2/7/24	02:47	7.6	15:00	7.9
Wednesday	3/7/24	03:45	7.7	16:03	8.0
Thursday	4/7/24	04:37	7.9	17:01	8.1
Friday	5/7/24	05:26	8.1	17:55	8.2
Saturday	6/7/24	06:12	8.3	18:45	8.2
Sunday	7/7/24	06:54	8.3	19:31	8.1
Monday	8/7/24	07:34	8.3	20:11	7.9
Tuesday	9/7/24	08:11	8.3	20:47	7.8
Wednesday	10/7/24	08:45	8.1	21:20	7.6
Thursday	11/7/24	09:18	8.0	21:54	7.4
Friday	12/7/24	09:53	7.8	22:31	7.3
Saturday	13/7/24	10:32	7.6	23:14	7.1
Sunday	14/7/24	11:17	7.3		
Monday	15/7/24	00:06	7.0	12:10	7.1
Tuesday	16/7/24	01:11	6.9	13:18	7.0
Wednesday	17/7/24	02:24	7.0	14:44	7.0
Thursday	18/7/24	03:28	7.3	15:54	7.3
Friday	19/7/24	04:22	7.6	16:51	7.6
Saturday	20/7/24	05:09	8.0	17:42	8.0
Sunday	21/7/24	05:54	8.3	18:31	8.3
Monday	22/7/24	06:37	8.6	19:16	8.5
Tuesday	23/7/24	07:19	8.8	20:01	8.6
Wednesday	24/7/24	08:01	8.9	20:44	8.6
Thursday	25/7/24	08:43	9.0	21:27	8.4
Friday	26/7/24	09:27	8.9	22:12	8.2
Saturday	27/7/24	10:14	8.7	23:01	7.9
Sunday	28/7/24	11:07	8.3	23:57	7.6
Monday	29/7/24	12:09	7.9		
Tuesday	30/7/24	01:05	7.3	13:24	7.6
Wednesday	31/7/24	02:17	7.2	14:43	7.4